

# Dynamic Emotional Integration®

## Cohort 6 Curriculum, Tuition, and Reading Schedule

Welcome! Thank you for your interest in joining the 6<sup>th</sup> cohort of *Dynamic Emotional Integration*® (also known as **DEI**) which starts on **August 24<sup>th</sup>, 2020**. This schedule contains information about the 2020-2021 DEI curriculum, reading list, tuition, and retreats for cohort 6.

Your instructors in the first four courses are licensed DEI Consultants and Trainers Amanda Ball, MS, Sherry Olander, CMT, and Jennifer Nate. Karla McLaren, M.Ed., is a guest instructor in these courses, and a regular instructor from the *Deeper Empathy* course onward. **CE units** are available for an additional fee.\*

### Tuition

Total tuition for the 14-month Trainer License if you pay for each course individually: **\$4,300 US**.  
If you pay in full before the program begins, you will receive a \$225 discount: **\$4,075 US** total.

### The DEI Trainer's Track Schedule & Reading List

Course & Tuition	Description	Dates (month/day/year)	Reading List
<b><i>Learning the Language of Emotions</i></b> (4 weeks) \$325 USD	Introductory course based on the material in <i>The Language of Emotions</i> and delving further into new work with emotions and empathy.	Mon 8/24/20 to Fri 9/18/20  <b>CE Units: 18</b>	<a href="#"><i>The Language of Emotions</i></a> by Karla McLaren
<b><i>Deeper Inquiry</i></b> (4 weeks) \$325 USD	Deeper inquiry into <i>The Language of Emotions</i> , including the Initiation, Trauma Healing, and working with Panic, Rage, Suicidal Urges, and Emotion Shrines.	Mon 10/5/20 to Fri 10/30/20  <b>CE Units: 25</b>	<a href="#"><i>Meeting the Shadow</i></a> edited by Zweig and Abrams  <a href="#"><i>Owning Your Own Shadow</i></a> by Robert A. Johnson
<b><i>Exploring the Art of Empathy</i></b> (4 weeks) \$325 USD	Focused learning for empathic health and well-being based on <i>The Art of Empathy</i> , including communication skills, empathic practices, and an exploration of anxiety.	Mon 11/16/20 to Fri 12/11/20  <b>CE Units: 28</b>	<a href="#"><i>The Art of Empathy</i></a> by Karla McLaren  <a href="#"><i>Embracing Anxiety</i></a> by Karla McLaren

<p><b>DEI Practicum &amp; Online Retreat Intensive</b> (6 weeks) \$625 USD</p> <p><b>Online Intensive</b> January 22<sup>nd</sup> – 24<sup>th</sup> 2021</p>	<p>Self-care and self-awareness practicum focused on integrating the skills, practices, and knowledge developed thus far. Includes an integrated online retreat intensive.</p>	<p>Mon 1/4/21 to Fri 2/12/21</p> <p><b>CE Units: 23</b></p>	<p><a href="#"><u>Wishcraft</u></a> by Barbara Sher (<a href="#"><u>available free online</u></a>)</p>
<p><b>Deeper Empathy</b> (4 weeks) \$325 USD</p>	<p>A deeper dive into the research behind <i>The Art of Empathy</i>, and a closer look at the rationale for the <i>Six Essential Aspects of Empathy</i>.</p>	<p>Mon 3/1/21 to Fri 3/26/21</p>	<p><a href="#"><u>The Age of Empathy</u></a> by Frans de Waal</p>
<p><b>Online Intensive</b> (3 days) \$325 USD</p>	<p><b>DEI Retreat Intensive 2:</b> Initiation into the Empathic Livelihood and Commencement of the DEI Licensing Program.</p>	<p>Fri 4/9/21 to Sun 4/11/21</p>	
<p><b>Peer Consulting &amp; Training</b> (6 weeks) \$575 USD</p>	<p>Students will work in pairs and groups to practice empathic consulting and training skills; this course includes open-book tests.</p>	<p>Mon 4/19/21 to Fri 5/28/21</p>	<p><a href="#"><u>The Art of Gathering</u></a> by Priya Parker</p> <p>Suggested: <a href="#"><u>Gravitas</u></a> by Caroline Goyder</p>
<p><b>Trainer Track: Specific Focus &amp; Populations</b> (10 weeks) \$775 USD</p>	<p>This course will focus on the Trainer track and each licensee's specific concentration and intended population.</p>	<p>Mon 6/14/21 to Fri 8/20/21</p>	<p><a href="#"><u>The Heart of Addiction</u></a> by Lance Dodes</p> <p>Suggested: <a href="#"><u>Pink Brain, Blue Brain</u></a> by Lise Eliot</p>
<p><b>Online Intensive</b> (3 days) \$325 USD</p>	<p><b>DEI Retreat Intensive 3:</b> Welcoming, Witnessing, and the Ritual of Completion.</p>	<p>Fri 8/27/21 to Sun 8/29/21</p>	
<p><b>Licensing: Testing and Completion</b> (4 weeks) \$375 USD</p>	<p>Testing, final assignments, business practices, and licensing. Celebration!</p>	<p>Mon 9/13/21 to Fri 10/8/21</p>	<p><a href="#"><u>Mistakes Were Made, But Not By Me</u></a> by Carol Tavris and Elliot Aronson</p> <p>Suggested: <a href="#"><u>On Being Certain</u></a> by Robert A. Burton</p>

## Further Information

**DEI Retreat Intensives:** All online retreat intensives begin on Friday evening in your time zone and end after lunch on Sunday afternoon in your time zone.

**Reading List:** Each book should be read before the course begins. Empathy Academy is based upon an adult learning model, where students and instructors come together to deepen their shared understanding of the material. We will review and discuss the reading and explore deeper material in the course units.

**Becoming a DEI Consultant:** If you are interested in becoming **dual-licensed** as a DEI Trainer and Consultant and/or Practitioner (for mental health professionals), you will complete the Trainer track first. After you are a licensed DEI Trainer, you may return for a dedicated 10-week Consultant's Licensing Course (\$775).

**Becoming a DEI Practitioner** (for mental health professionals): See page 4.

**\*Continuing Education Units** are provided by R. Cassidy Seminars for psychologists, psychoanalysts, counselors, marriage and family therapists, social workers, creative arts therapists, nurses, dentists, educators, and chemical dependency counselors for an additional \$40 per course.

### How to apply for Dynamic Emotional Integration®

Please email your statement of interest by the application deadline of **Friday, August 7<sup>th</sup>, 2020**. Your statement should include:

1. Your name, contact information, mailing address, and time zone.
2. The extent of your experience with Karla McLaren's work.
3. Your experience with online learning.
4. Your plans for implementing *Dynamic Emotional Integration*® in your life and practice.

**Questions?** Contact us at [info@emotiodynamics.org](mailto:info@emotiodynamics.org). We look forward to hearing from you!

# The DEI Practitioner's Track

## For Mental Health Professionals

Licensed mental health professionals who wish to become DEI Practitioners will complete their Trainers' licensing, and will then return for a focused 7-month post-licensing education in DEI theoretical foundations and guided practicum. Instructors: Karla McLaren, M.Ed., Sarah Alexander, LCSW, and Amanda Ball, MS.

DEI Practitioner Track			
Course & Tuition	Description	Dates (month/day/year)	Reading List
<b>DEI Practitioner Theoretical Foundations</b> (8 weeks) \$650 USD	Introduction to theory and practice, applications, contraindications, supportive theory, and contradictory theories of emotional functioning. Includes case studies, critiques, study of addiction, trauma, oppression, intersectionality, and complex multiple-emotion states.	Mon 11/8/21 to Fri 12/10/21  ~Break~ Mon 1/3/22 to Fri 1/21/22	<u><a href="#">Breaking Addiction</a></u> by Lance Dodes  <u><a href="#">Psychoanalytic Diagnosis</a></u> by Nancy McWilliams
<b>DEI-Informed Practicum</b> (8 weeks) \$800 USD	Practicum involving DEI-informed cases studies, work with varied populations, observed sessions, and study of multiple therapeutic orientations.	Mon 2/7/22 to Fri 4/1/22	<u><a href="#">From Broken Attachment to Earned Security</a></u> by Andrew Odgers (ed)
<b>DEI Practitioner Licensing</b> (6 weeks) \$650 USD	Focus on DEI-informed case studies, therapeutic case notes, ethics and oversight, and licensing.	Mon 4/18/22 to Fri 5/27/22	

**Discount for Payment in Full (\$125).** All prices are in U.S. Dollars:

- Tuition range for the 7-month post-licensing **Practitioner's Track**: \$1,975 to \$2,100
- The total tuition range for the entire 21-month **Trainer's License** plus **Practitioner's License**: \$6,050 to \$6,400

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