

Dynamic Emotional Integration®

Cohort 7 Curriculum, Tuition, and Reading Schedule

Welcome! Thank you for your interest in joining the 7th cohort of *Dynamic Emotional Integration*® (also known as **DEI**) which starts on **August 22nd, 2022**. This schedule contains information about the 2022-2023 DEI curriculum, reading list, tuition, and retreats for Cohort 7.

Your instructors in the first four courses are licensed DEI Trainers and Consultants. Karla McLaren, M.Ed., is a guest instructor in these courses, and a regular instructor from the *Deeper Empathy* course onward. **CE units** are available for an additional fee.*

Tuition

Total tuition for the 14-month Trainer License if you pay in monthly installments: **\$4,800 US**.
If you pay in full before the program begins, you will receive a \$225 discount: **\$4,575 US total**.

The DEI Trainer's Track Schedule & Reading List

Course & Tuition	Description	Dates (month/day/year)	Reading List
<i>Learning the Language of Emotions</i> (4 weeks)	Introductory course based on the material in <i>The Language of Emotions</i> and delving further into new work with emotions and empathy.	Mon 8/22/22 to Fri 9/16/22 CE Units: 18	<i>The Language of Emotions</i> by Karla McLaren
<i>Deeper Inquiry</i> (4 weeks)	Deeper inquiry into <i>The Language of Emotions</i> , including the Initiation, Trauma Healing, and working with Panic, Rage, Suicidal Urges, and Emotion Shrines.	Mon 10/3/22 to Fri 10/28/22 CE Units: 25	<i>Meeting the Shadow</i> edited by Zweig and Abrams <i>Owning Your Own Shadow</i> by Robert A. Johnson
<i>Exploring the Art of Empathy</i> (4 weeks)	Focused learning for empathic health and well-being based on <i>The Art of Empathy</i> , including communication skills, empathic practices, and an exploration of anxiety.	Mon 11/14/22 to Fri 12/9/22 CE Units: 28	<i>The Art of Empathy</i> by Karla McLaren <i>Embracing Anxiety</i> by Karla McLaren

<p>DEI Practicum & Online Retreat Intensive (6 weeks)</p> <p>Online Intensive Jan 27th - 29th 2023</p>	<p>This self-awareness practicum is focused on integrating the skills, practices, and knowledge developed thus far. Includes an integrated online retreat intensive.</p>	<p>Mon 1/9/23 to Fri 2/17/23</p> <p>CE Units: 23</p>	<p><u>Wishcraft</u> by Barbara Sher (<u>available free online</u>)</p>
<p>Deeper Empathy (4 weeks)</p>	<p>A deeper dive into the research behind <i>The Art of Empathy</i>, and a closer look at the rationale for the <i>Six Essential Aspects of Empathy</i>.</p>	<p>Mon 3/6/23 to Fri 3/31/23</p>	<p><u>The Age of Empathy</u> by Frans de Waal</p>
<p>Online Intensive (3 days)</p>	<p>DEI Retreat Intensive 2: Initiation into the Empathic Livelihood</p>	<p>Fri 4/7/23 to Sun 4/9/23</p>	
<p>Peer Training & Consulting (6 weeks)</p>	<p>Students will work in pairs and groups to practice empathic training and consulting skills; this course includes open-book tests.</p>	<p>Mon 4/24/23 to Fri 6/2/23</p>	<p><u>The Art of Gathering</u> by Priya Parker</p> <p>Suggested: <u>Gravitas</u> by Caroline Goyder</p>
<p>DEI Trainer: Specific Focus & Populations (10 weeks)</p>	<p>This course will focus on the DEI Trainer's license and each student's specific concentration and intended focus.</p>	<p>Mon 6/19/23 to Fri 8/25/23</p>	<p><u>The Heart of Addiction</u> by Lance Dodes</p> <p>Suggested: <u>Pink Brain, Blue Brain</u> by Lise Eliot</p>
<p>Online Intensive (3 days)</p>	<p>DEI Retreat Intensive 3: Welcoming, Witnessing, and the Ritual of Completion.</p>	<p>Fri 9/8/23 to Sun 9/10/23</p>	
<p>Licensing: Testing and Completion (4 weeks)</p>	<p>Testing, final assignments, business practices, and licensing. Celebration!</p>	<p>Mon 9/25/23 to Fri 10/20/23</p>	<p><u>Mistakes Were Made, But Not By Me</u> by Carol Tavris and Elliot Aronson</p> <p>Suggested: <u>On Being Certain</u> by Robert A. Burton</p>

Note that there are usually 2-week breaks between courses, with a long winter break of 4 weeks.

Further Information

DEI Retreat Intensives: All online retreat intensives begin on Friday evening in your time zone and end after lunch on Sunday afternoon in your time zone.

Reading List: Each book should be read before the course begins. Empathy Academy is based upon an adult learning model, where students and instructors come together to deepen their shared understanding of the material. We will review and discuss the reading and explore deeper material in the course units.

Becoming a DEI Consultant: If you are interested in becoming **dual-licensed** as a DEI Trainer and Consultant, you will complete the Trainer track first. After you are a licensed DEI Trainer, you may return for a dedicated 10-week Consultant's Licensing Course (\$850).

***Continuing Education Units** are provided by R. Cassidy Seminars for psychologists, counselors, psychoanalysts, marriage and family therapists, social workers, creative arts therapists, nurses, dentists, educators, and chemical dependency counselors for an additional \$40 per course.

How to apply for Dynamic Emotional Integration®

Please email your statement of interest by the application deadline of **Monday, August 1st, 2022**. Your statement should include:

1. Your name, contact information, mailing address, and time zone.
2. The extent of your experience with Karla McLaren's work.
3. Your experience with online learning.
4. Your plans for implementing *Dynamic Emotional Integration*® in your life and practice.

Questions? Contact us at info@emotiondynamics.org. We look forward to hearing from you!