

Dynamic Emotional Integration®

Cohort 9 Curriculum, Tuition, and Reading Schedule

Welcome! Thank you for your interest in joining the 9th cohort of *Dynamic Emotional Integration*® (also known as **DEI**) which starts on **August 24th, 2026**. This schedule contains information about the 2026-2027 DEI curriculum, reading list, tuition, and retreats for Cohort 9.

Your instructors in the first four courses are licensed DEI Trainers and Consultants. Karla McLaren, M.Ed., is a guest instructor in these courses, and a regular instructor from the *Deeper Empathy* course onward.

Tuition

Total tuition for the 14-month Trainer license is **\$5,250 US** (monthly installments of \$375 US). *If you pay in full before the program begins, you will receive a \$275 discount (\$4,975 US total).*

The DEI Trainer's Track Schedule & Reading List

Course & Tuition	Description	Dates (month/day/year)	Reading List
<i>Learning the Language of Emotions</i> (4 weeks)	Introductory course based on the material in <i>The Language of Emotions</i> and delving further into new work with emotions and empathy.	Mon 8/24/26 to Fri 9/18/26	<i>The Language of Emotions</i> by Karla McLaren
<i>Deeper Inquiry</i> (4 weeks)	Deeper inquiry into <i>The Language of Emotions</i> , including the Initiation, Trauma Healing, and working with Panic, Rage, Suicidal Urges, and Emotion Shrines.	Mon 10/5/26 to Fri 10/30/26	<i>Meeting the Shadow</i> edited by Zweig and Abrams <i>Owning Your Own Shadow</i> by Robert A. Johnson
<i>Exploring the Art of Empathy</i> (4 weeks)	Focused learning for empathic health and well-being based on <i>The Art of Empathy</i> , including communication skills, empathic practices, and an exploration of anxiety.	Mon 11/15/26 to Fri 12/11/26	<i>The Art of Empathy</i> by Karla McLaren <i>Embracing Anxiety</i> by Karla McLaren

<p>DEI Practicum & Online Retreat Intensive (6 weeks)</p> <p>Online Intensive Jan 22nd - 24th 2027</p>	<p>This self-awareness practicum is focused on integrating the skills, practices, and knowledge developed thus far. Includes an integrated online retreat intensive.</p>	<p>Mon 1/4/27 to Fri 2/12/27</p>	<p><u>Wishcraft</u> by Barbara Sher (<u>also available free online</u>)</p>
<p>Deeper Empathy (4 weeks)</p>	<p>A deeper dive into the research behind <i>The Art of Empathy</i>, and a closer look at the rationale for the <i>Six Essential Aspects of Empathy</i>.</p>	<p>Mon 3/1/27 to Fri 3/26/27</p>	<p><u>The Age of Empathy</u> by Frans de Waal</p> <p>Suggested: <u>How Emotions Are Made</u> by Lisa Feldman Barrett</p>
<p>Online Intensive (3 days)</p>	<p>DEI Retreat Intensive 2: Initiation into the Empathic Livelihood</p>	<p>Fri 4/9/27 to Sun 4/11/27</p>	
<p>Peer Training & Consulting (6 weeks)</p>	<p>Students will work in pairs and groups to practice empathic training and consulting skills; this course includes open-book tests.</p>	<p>Mon 4/19/27 to Fri 5/28/27</p>	<p><u>The Art of Gathering</u> by Priya Parker</p>
<p>DEI Trainer: Specific Focus & Populations (10 weeks)</p>	<p>This course will focus on the DEI Trainer's license and each student's specific concentration and intended focus.</p>	<p>Mon 6/14/27 to Fri 8/20/27</p>	<p><u>The Heart of Addiction</u> by Lance Dodes</p> <p>Suggested: <u>Pink Brain, Blue Brain</u> by Lise Eliot</p>
<p>Online Intensive (3 days)</p>	<p>DEI Retreat Intensive 3: Welcoming, Witnessing, and the Ritual of Completion.</p>	<p>Fri 9/10/27 to Sun 9/12/27</p>	
<p>Licensing: Testing and Completion (4 weeks)</p>	<p>Testing, final assignments, business practices, and licensing. Celebration!</p>	<p>Mon 9/20/27 to Fri 10/15/27</p>	<p><u>Mistakes Were Made, But Not By Me</u> by Tavis & Aronson</p> <p>Suggested: <u>On Being Certain</u> by Robert A. Burton</p>

Further Information

DEI Retreat Intensives: All online retreat intensives begin on Friday evening in your time zone and end after lunch on Sunday afternoon in your time zone.

Reading List: Each book should be read before the course begins. Empathy Academy is based upon an adult learning model, where students and instructors come together to deepen their shared understanding of the material. We will review and discuss the reading and explore deeper material in the course units.

Becoming a DEI Consultant: If you are interested in becoming **dual-licensed** as a DEI Trainer and Consultant, you will complete the Trainer track first. After you are a licensed DEI Trainer, you may return for a dedicated 12-week Consultant's Licensing Course (\$950).

How to apply for Dynamic Emotional Integration®

Please submit your [Statement of Interest](#) by the application deadline of **Friday, August 7th, 2026**.

Questions? Contact us at info@emotiondynamics.org. We look forward to hearing from you!